

5-Mar	6-Mar	7-Mar	8-Mar	9-Mar	10-Mar	11-Mar	
<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	
<b>BREAKFAST</b>			<b>BREAKFAST</b>		<b>BREAKFAST</b>		
<b>HOT CEREAL</b> Farina			<b>HOT CEREAL</b> Oatmeal		<b>HOT CEREAL</b> Cream of Wheat		
<b>ENTRÉE</b> Scrambled Eggs Scrambled Tofu Sausage Patties Pancakes Tater Tots			<b>ENTRÉE</b> Scrambled Eggs Scrambled Tofu Sausage Patties French Toast Country Style Potatoes Biscuits and Gravy		<b>ENTRÉE</b> Scrambled Eggs Scrambled Tofu Sausage Links Egg'o Muffin Hash Browns Biscuits and Gravy		
<b>FLASH IN THE PAN</b> Omelet's			<b>FLASH IN THE PAN</b> Omelet's		<b>FLASH IN THE PAN</b> Omelet's		
<b>LUNCH</b>		<b>BRUNCH</b>		<b>LUNCH</b>		<b>LUNCH</b>	
<b>SOUP</b> Cream of Tomato Chili		<b>HOT CEREAL</b> Oatmeal		<b>SOUP</b> Chicken Noodle Chili		<b>SOUP</b> Roasted Butternut Squash Chili	
<b>ENTRÉE</b> Grilled Cheese Sandwiches Stir Fry Curry Tofu Rice Fresh Vegetables		<b>ENTRÉE</b> Scrambled Eggs Scrambled Tofu Sausage Links Biscuits and Gravy Diced Potatoes Lentil Loaf w/ Gravy Fresh Vegetables		<b>ENTRÉE</b> Scrambled Eggs Scrambled Tofu Stripples Biscuits and Gravy Hash Browns Vegetable Quiche Fresh Vegetables		<b>ENTRÉE</b> Chicken & Cheese Quesadillas Black Bean & Corn Quesadillas Spanish Rice Corn Chicken Pasta Fantastica Vegetable Pasta w/Marinara Breadsticks Fresh Vegetables	
<b>FLASH IN THE PAN</b> Oriental Beef Wrap				<b>FLASH IN THE PAN</b> Chicken & Broccoli Alfredo		<b>FLASH IN THE PAN</b> Buffalo Chicken Wrap	
<b>DELI</b> Sub Sandwiches				<b>DELI</b> Sub Sandwiches		<b>DELI</b> Sub Sandwiches	
<b>PIZZA</b> Cheese Pizza Red Onion & Olive Pizza		<b>PIZZA</b> Cheese Pizza Cheesy Bread		<b>PIZZA</b> Cheese Pizza Sausage & Mushroom Pizza		<b>PIZZA</b> Cheese Pizza Four Cheese Pizza	
<b>ALTERNATIVE VEGAN</b> Portabella Philly Steak "Sandwich"				<b>ALTERNATIVE VEGAN</b> Cabbage Rolls w/ Brown Rice		<b>ALTERNATIVE VEGAN</b> Black Bean Enchilada Bake	
				<b>FLASH IN THE PAN</b> Chicken Tempura Stir-Fry		<b>FLASH IN THE PAN</b> Honey Mustard Wonton Chicken Salad	
				<b>DELI</b> Sub Sandwiches		<b>DELI</b> Sushi Bar	
				<b>FLASH IN THE PAN</b> Chicken Tempura Stir-Fry		<b>FLASH IN THE PAN</b> Honey Mustard Wonton Chicken Salad	
				<b>ALTERNATIVE VEGAN</b> Brown Rice Pasta w/ Marinara Sauce		<b>ALTERNATIVE VEGAN</b> Stuffed Sweet Red Peppers w/Quinoa	

DINNER		DINNER		DINNER		DINNER		DINNER	
<b>SOUP</b>		<b>SOUP</b>		<b>SOUP</b>		<b>SOUP</b>		<b>SOUP</b>	
Cream of Tomato Chili		Cream of Mushroom Chili		Cream of Broccoli Chili		Chicken Noodle Chili		Roasted Butternut Squash Chili	
<b>ENTRÉE</b>		<b>ENTRÉE</b>		<b>ENTRÉE</b>		<b>ENTRÉE</b>		<b>ENTRÉE</b>	
Chicken Parmesan Casserole Chefs Choice Dinner Rolls Fresh Vegetables		Calzones Spinach & Olive Pasta Marinara Garlic Bread Sticks Fresh Vegetables		Chimichungas Spanish Rice Corn Fresh Vegetables		Vegetarian Loaf Roasted Red Potatoes Dinner Rolls Steamed Cabbage		Sweet & Sour Tofu Tofu Fried Rice Asian Vegetable Blend Egg Rolls	
<b>DELI</b>				<b>DELI</b>		<b>DELI</b>		<b>DELI</b>	
Sub Sandwiches				Sub Sandwiches		Sub Sandwiches		Sub Sandwiches	
<b>FLASH IN THE PAN</b>				<b>FLASH IN THE PAN</b>		<b>FLASH IN THE PAN</b>		<b>FLASH IN THE PAN</b>	
Yakisoba Noodles w/Vegetables				Chicken & Broccoli Alfredo		Buffalo Chicken Wrap		Chicken Tempura Stir-Fry	
<b>PIZZA</b>		<b>PIZZA</b>		<b>PIZZA</b>		<b>PIZZA</b>		<b>PIZZA</b>	
Cheese Pizza Sausage & Mushroom Pizza		Cheese Pizza Specialty Pizza		Cheese Pizza Specialty Pizza		Cheese Pizza Four Cheese Pizza Hawaiian Pizza		Cheese Pizza Grilled Vegetable Pizza	
<b>ALTERNATIVE VEGAN</b>				<b>ALTERNATIVE VEGAN</b>		<b>ALTERNATIVE VEGAN</b>		<b>ALTERNATIVE VEGAN</b>	
Portabella Philly Steak "Sandwich"				Cabbage Rolls w/ Brown Rice		Black Bean Enchilada Bake		Brown Rice Pasta w/ Marinara Sauce	
								Vegetable Beef Chili	
								Cheesy Italian Lasagna Penne Pasta w/ Marinara Garlic Bread Steamed Broccoli	
								Sub Sandwiches	
								Honey Mustard Wonton Chicken Salad	
								Cheese Pizza Pepperoni Pizza	
								Stuffed Sweet Red Peppers w/Quinoa	